



City of Westminster



THE ROYAL BOROUGH OF
KENSINGTON
AND CHELSEA

Westminster Health & Wellbeing Board

RBKC Health & Wellbeing Board

Date: 24 January 2019

Classification: General Release

Title: Mental health and wellbeing JSNA

Report of: Director of Public Health

Wards Involved: All

Financial Summary: There are no financial implications arising directly from this report. Any future financial implications that may be identified as a result of the review and re-commissioning projects will be presented to the appropriate Board and governance channels in a separate report

Report Author and Contact Details: Colin Brodie, Public Health Knowledge Manager
cbrodie@westminster.gov.uk

1. Executive Summary

- 1.1 This paper presents a draft version of the Mental Health and Wellbeing Joint Strategic Needs Assessment (JSNA) for consideration by the Health and Wellbeing Board.

PLEASE NOTE only the Executive Summary to the JSNA report is included with the printed agenda. The 177-page full report is included with the papers for this Board on the RBKC website. A copy is also available on email request to the Clerk.

2. Key Matters for the Board

2.1 The Health and Wellbeing Board are invited to discuss and consider the findings and the recommendations in the report. In particular, the Board are invited to consider the following questions:

- Do you agree with the key recommendation and the six priorities of this JSNA? Are there any priorities that you think need to be included?
- Are there any very important areas of Mental Health and Wellbeing which fall within the scope of this JSNA which have not been included?
- Are there any amendments that need to be made for accuracy?

3. Background

3.1 Good mental health and wellbeing is important for us to lead happy, healthy lives. It has a positive impact on our inter-personal relationships and how we cope and engage with the world around us.

3.2 Research shows that good mental health and wellbeing promotes our overall health, supports recovery from illness, and improves life expectancy. It also has a positive impact on better educational achievement, reducing risky health behaviours, reduced risk of mental illness suicide, improved employment rates, reduced anti-social behaviour and higher levels of social interaction and participation.

4. Purpose and scope of the JSNA

4.1 This JSNA responds to a recommendation in 'The Roads to Wellbeing', the annual report of the Director of Public Health, to undertake a needs assessment of mental health and wellbeing in Kensington and Chelsea, and Westminster. It has been undertaken to inform and support strategy development, commissioning decision making, and action planning to improve mental health and wellbeing and reduce inequalities across the Bi-borough area.

4.2 In July 2018 a workshop was held to identify the key questions that were to be answered by the JSNA. In summary the key questions are:

- What do we mean by mental health and wellbeing?
- What is the local prevalence and characteristics of mental health and wellbeing across the life course?
- What are the local determinants and factors (risk and protective) for poor mental wellbeing and illness across the life course?
- What local services and assets in the community are available to meet these needs?
- What works to promote or protect mental wellbeing across the life course?
- What are the views and experience of both residents and patients accessing services?
- What are the potential gaps or areas of unmet need which require local action?

- 4.3 The format of the JSNA follows that recommended in the Mental Health JSNA Toolkit published by Public Health England (PHE) in 2017. Data has been drawn from a number of sources including population level data analysis, local service data, national and local research and literature, and service user feedback.
- 4.4 It is important to note that the potential scope of a JSNA on this topic is considerable as so many factors are a cause and consequence of mental health and wellbeing. We fully acknowledge that there will inevitably be gaps in this JSNA as a consequence.

5. Key findings and recommendations

- 5.1 Drawing on the evidence and data contained within the JSNA, the Executive Summary (p5-6) contains an analysis of current strengths, areas for future development, opportunities and potential challenges across the two Boroughs.
- 5.2 Based on this analysis the JSNA makes one key recommendation:

“The Health and Wellbeing Board takes a leadership role in setting the vision to achieve improved mental health and wellbeing in the Bi-borough and to reduce inequalities. The Board should establish a Mental Health and Wellbeing Working Group involving key partners to:

- Reach consensus on a vision for mental health and wellbeing in the Kensington and Chelsea, and Westminster population.
- Agree on a set of priority outcomes to achieve this vision
- Create a Strategic Action Plan and framework to implement and deliver these outcomes
- Monitor progress against the Strategic Action Plan and provide quality assurance for the Health and Wellbeing Board

- Ensure that local strategy and delivery plans address the findings of this JSNA
- To identify innovation and ‘cutting edge’ practices and develop a mechanism to coordinate bids to maximise potential for success”

5.3 In addition, a number of priority areas for this group to consider are highlighted:

- Mobilising local assets, services, and communities
- Pathways
- Funding
- Future demand
- Primary care
- Innovation

6. Next steps

6.1 In January 2019 a consultation on the draft report will be undertaken with key stakeholders, including the Health and Wellbeing Board, which will ask the following three questions:

- Do you agree with the key recommendation and the six priorities of this JSNA? Are there any priorities that you think need to be included? Please include rationale and supporting evidence
- Are there any very important areas of Mental Health and Wellbeing which fall within the scope of this JSNA which have not been included?
- Are there any amendments that need to be made for accuracy?

6.2 Responses will be collated and reviewed by the Mental Health and Wellbeing JSNA Steering Group for incorporation into the JSNA. A final JSNA report will be presented to the Health and Wellbeing Board in March for approval prior to publication

7. Legal Implications

7.1 The JSNA was introduced by the Local Government and Public Involvement in Health Act 2007. Sections 192 and 196 Health and Social Care Act 2012 place the duty to prepare a JSNA equally on local authorities (LAs), Clinical Commissioning Groups (CCGs) and the Health and Wellbeing Boards (HWB).

- 7.2 JSNAs are a key means whereby LAs work with CCGs to identify and plan to meet the care and support needs of the local population, contributing to fulfilment of LA s2 and s3 Care Act duties.
- 7.3 Implications verified/completed by: TBC

8. Financial Implications

- 8.1 There are no financial implications arising from this report. Any future financial implications identified as a result of the report will be presented to the appropriate Board(s) and governance channels in a separate report.

Implications verified/completed by: Richard Simpson, Public Health Finance Manager, 02076414073

If you have any queries about this Report or wish to inspect any of the Background Papers please contact:

Colin Brodie

cbrodie@westminster.gov.uk

Telephone: 02076414632

APPENDICES:

BACKGROUND PAPERS:

Mental Health and Wellbeing JSNA: Executive Summary

Mental Health and Wellbeing JSNA: Full Report